I claim:

- 1. An apparatus for monitoring position, the apparatus comprising:
- a cylinder having walls defining an interior and further having a length defined between a first end and a second end;
 - a wall at the first end;
- a shaft having a length defined between a first end and a second end wherein a portion of the shaft is within the cylinder and wherein the shaft moves within the cylinder;
 - a head connected to the shaft;
- an aperture within the wall at the first end wherein light projects through the aperture into the cylinder; and
- a sensor within the cylinder wherein the sensor detects intensity of light within the cylinder wherein the intensity corresponds to a position of the shaft.
- 2. The apparatus of Claim 1 further comprising:
- a second wall at the second end of the cylinder wherein the second wall encloses the cylinder.
- 3. The apparatus of Claim 1 further comprising: a second shaft within the cylinder.
- 4. The apparatus of Claim 1 further comprising: a fluid within the cylinder.
- 5. The apparatus of Claim 1 wherein the sensor is adjacent to the second end of the cylinder.
- 6. The apparatus of Claim 1 wherein the aperture is at a center of the wall.

- 7. The apparatus of Claim 1 further comprising:
- a light source adjacent to the first end of the wall wherein the light source projects the light through the aperture.
- 8. The apparatus of Claim 1 further comprising:
- a magnet adjacent to the cylinder wherein the magnet effects movement of the head.
- 9. A system for monitoring position, the system comprising:
- a cylinder having walls defining an interior and having a shaft within the interior wherein the shaft extends through a wall of the cylinder and wherein the shaft is movable within the cylinder and further wherein the cylinder has an aperture in the wall adjacent to the shaft; and
- a sensor within the cylinder wherein the sensor detects light within the cylinder and wherein an amount of light detected by the sensor corresponds to a position of the shaft within the cylinder.
- 10. The system of Claim 9 wherein the sensor is located within the cylinder on a wall opposite the aperture.
- 11. The system of Claim 9 further comprising: a fluid within the system.
- 12. The system of Claim 9 further comprising: a head attached to the shaft.
- 13. The system of Claim 9 further comprising:
- a second shaft within the cylinder wherein the second shaft is movable within the cylinder.

- 14. The system of Claim 9 further comprising: a window within the aperture.
- 15. The system of Claim 9 further comprising:
 a light source adjacent to the aperture wherein the
 light source projects the light through the aperture.
- 16. The system of Claim 9 further comprising: a processor connected to the sensor.
- 17. The system of Claim 9 further comprising: a coating on the shaft wherein the coating absorbs light.
- 18. A method for measuring a position of a shaft within a cylinder having walls defining an interior wherein the cylinder has an aperture within one of the walls and further wherein the cylinder has a shaft within the interior wherein the shaft is movable, the method comprising the steps of:

directing light into the cylinder through the aperture;

detecting the light which enters the cylinder through the aperture; and

relating an amount of light detected to the position of the shaft.

- 19. The method of Claim 18 further comprising the step of: moving the shaft within the cylinder.
- 20. The method of Claim 18 further comprising the step of: placing a fluid within the cylinder.